

HOW WELLMARK® BLUE CROSS® AND BLUE SHIELD® BLUE ADVANTAGE® WORKS

Wellmark Blue Advantage is a personal doctor plan on the Wellmark Health Plan of Iowa network of health care providers.¹ It gives you access to 100 percent of hospitals and 96 percent of doctors in Iowa.²

What you need to know about Blue Advantage:



Free preventive care when you designate and see a personal doctor, which is a requirement.³



Care can be received from a selected OBGYN without a referral.



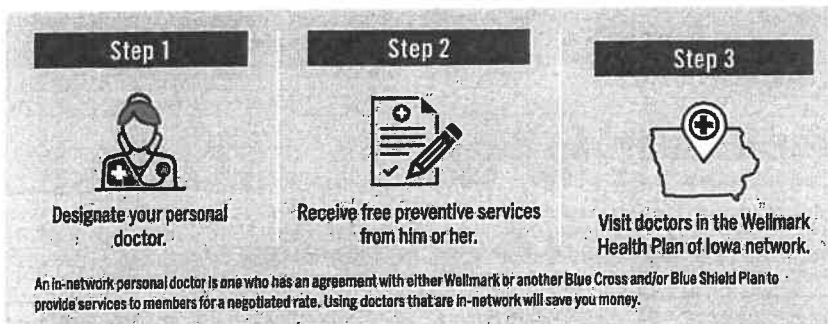
Access care from any doctor in the Wellmark Health Plan of Iowa and its bordering counties.



Out-of-network benefits are covered for emergencies and through a pre-approved referral process.

Save money in three easy steps

Every health insurance plan is slightly different. To take full advantage of your benefits and save the most money, follow these steps:



¹ A PCP is generally a family, general, or nurse practitioner, or an internist, physician assistant, or pediatrician. You will not receive your ID card until you designate a personal doctor.

² Source: Consortium Network Compare Findings.

³ All costs are waived when using an in-network or participating doctor for ACA plans. Please see your plan coverage manual for specific plan details.

Tools to use

myWellmark

Get on-the-go access to your benefits, including the Wellmark mobile app, by registering at myWellmark.com. You'll be able to:

- Find in-network doctors or facilities
- Estimate cost and care for procedures
- Access a mobile ID card
- Check your claims status, and more



BeWell 24/7SM

Call 844-84-BEWELL and connect with a real person 24/7 who can help you with a variety of health-related concerns, including:

- Coordinating health care appointments and in-home health help
- Discussing treatment options
- Answering your health and wellness questions, and more



on demand

Talk to a board-certified doctor from virtually anywhere, on your schedule, and at a lower cost. Services with our preferred virtual visit provider, Doctor On Demand®, are covered by going to DoctorOnDemand.com or downloading the app.





Your health care — at your fingertips.
myWellmark is your one-stop source for
personalized health care information.
Log in or register at myWellmark.com.

Want to make your health insurance even easier? Log in to myWellmark to experience the security, speed and convenience of getting your documents digitally in three easy steps:



Select the **Profile** tab from the menu at the top.



Click **Notifications**.



Choose your preferences and click **Agree & Save**.

Wellmark complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, los servicios de asistencia de idiomas se encuentran disponibles gratuitamente para usted. Comuníquese al 800-524-9242 o al (TTY: 888-781-4262).

注意：如果您说普通话，我们可免费为您提供语言协助服务。请拨打 800-524-9242 或（听障专线：888-781-4262）。

ACHTUNG: Wenn Sie deutsch sprechen, stehen Ihnen kostenlose sprachliche Assistenzdienste zur Verfügung. Rufnummer: 800-524-9242 oder (TTY: 888-781-4262).



Wellmark Blue Cross and Blue Shield of Iowa and Wellmark Health Plan of Iowa, Inc. are independent licensees of the Blue Cross and Blue Shield Association.

Blue Cross®, Blue Shield® and the Cross® and Shield® symbols and BlueAdvantage® are registered marks of the Blue Cross and Blue Shield Association, an Association of Independent Blue Cross and Blue Shield Plans. Wellmark® and myWellmark® are registered marks and BeWell 24/7™ is a service mark of Wellmark, Inc.

Wellmark's virtual health care visit benefit is made available through an independent company, Doctor On Demand, Inc., and the telemedicine services are provided by licensed physicians practicing within a group of independently owned professional practices. Doctor On Demand, Inc. does not itself provide any physician, mental health or other healthcare provider services. Doctor On Demand operates subject to state laws. Doctor On Demand offers medical care in 50 states.

Doctor On Demand is not intended to replace an annual, in-person visit with a primary care physician.

© 2019 Wellmark, Inc.