



April

High School Newsletter



ADM Website



HS Twitter



HS Activities

ADM High School

Dates to Remember

<u>April 7th:</u>	Early Dismissal 1:00 p.m.
<u>April 10th:</u>	No School
<u>April 11th - 13th:</u>	ISASP testing
<u>April 14th:</u>	Career Day
	Early Dismissal 1:00 p.m.
<u>April 21st:</u>	Early Dismissal 1:00 p.m.
<u>April 28th:</u>	Early Dismissal 1:00 p.m.

ISASP Information

Good afternoon ADM High School Parents.

We are excited to begin our ISASP testing next week.

The following tests will be given at the HS during these dates and times:

- **Tuesday, April 11 - Reading 8:44-9:56**
- **Wednesday, April 12 - Language/Writing: 8:44-10:13**
- **Thursday, April 13 - Math and Science (Grade 10): 8:38-11:00**

During the week of April 11 students should:

- **Come with a Chromebook fully charged.**
- **Eat a healthy breakfast.**
- **Get a good night's sleep.**
- **Be prepared to give their best effort!**

Thank you for your support of our state-wide testing. Having students do their very best on these assessments allows ADM High School to evaluate, assess, and make changes to our programing to better meet the needs of our students. Seniors will not attend until 1st period starts each day. Unless their Advisory teacher has indicated that they still have work to do.

Specific schedule is on the next page..

ISASP Information

Tuesday Schedule Odd Blocks, Apr 11, 2023

8:15-8:40 Advisory
8:44-9:56 ISASP (Reading)
10:00-11:12 1st Period
11:12-11:42 A lunch for period 3
11:46-12:58 Period 3 for A group
11:16-11:56 Period 3 (Pt 1) for B group
11:56-12:26 B lunch
12:26-12:58 Period 3 (Pt 2) for B group
11:16-12:28 Period 3 for C group
12:28-12:58 C lunch
1:02-2:14 5th Period
2:18-3:30 7th Period

Wednesday Schedule Even Blocks, Apr 12, 2023

8:15-8:40 Advisory
8:44-10:13 ISASP (Language/Writing)
10:17-11:24 2nd Period
11:24-11:54 A lunch for period 4
11:58-1:07 Period 4 for A group
11:28-12:00 Period 4 (Pt 1) for B group
12:00-12:30 B lunch
12:32-1:07 Period 4 (Pt 2) for B group
11:28-12:35 Period 4 for C group
12:37-1:07 C lunch
1:11-2:18 6th Period
2:22-3:30 8th Period

Thursday Schedule 8 period day, Apr 13, 2023

8:15-8:35 Advisory
8:38-10:59 ISASP (Math, 10th grade will take science. 9 and 11 portfolio work)
11:02-11:27 1st Period
11:27-11:52 A lunch
11:55-12:42 Period 2 for A group
11:30-11:52 Period 2 (Pt 1) for B group
11:52-12:17 B lunch
11:57-12:29 Period 2 (Pt 2) for B group
11:30-12:17 Period 2 for C group
12:17-12:42 C lunch
12:45-1:10 3rd Period
1:13 -1:38 4th Period
1:41-2:06 5th Period
2:09-2:34 6th Period
2:37-3:02 7th Period
3:05-3:30 8th Period

Conditions for Learning Survey

ADM High School is getting ready to administer an annual school climate and culture survey called Conditions for Learning to students in grades 9th-12th. This survey administration is required by the state's plan to meet a federal law called the Every Student Succeeds Act. Our school will conduct the survey on **April 24th**. All Iowa public school districts will use the Conditions for Learning Survey to improve safety, student engagement and the overall learning environment so that all Iowa students have optimum conditions for learning. Our work to improve safety, student engagement and the overall learning environment will have a lasting impact on the future.

Iowa measures conditions for learning by asking the real experts each year - our students. This is their chance to make their voice heard, and we intend to listen. Studies have shown this work matters. Improving skills such as solving problems, working out conflict, and working with other people in a group has led to double-digit increases on achievement test scores, improved classroom behavior and improved attitudes.

All public schools in Iowa will use an online survey to assess the conditions for learning in their school for students in grades 3-12. Student responses will be confidential, and individual response data will not be available to anyone in the survey platform or in reporting. ADM High School will receive aggregated data annually at the building level to support alignment of professional development with identified culture and climate needs.

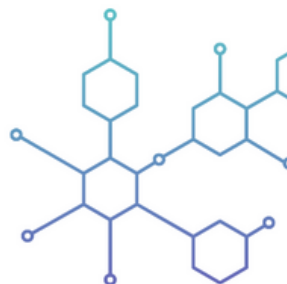
We will ask your child to simply fill out a confidential Survey. The Survey will focus on issues ranging from student safety, to positive student relationships, to school rules and how they are enforced. A high rate of participation by students in completing the Conditions for Learning Survey is important for obtaining the most complete school climate data for our school. Support from you in communicating to your students that this is their chance to be heard and to be part of the effort to improve conditions for learning at their school is critical.

Future communications will be sent to all parents prior to the administration of the survey. This is a voluntary survey and parents will have the opportunity to:


1. Review an information summary about the Survey
2. Complete a written refusal form if you do not want your child/children to participate in completing the Survey




UNI SCIENCE TEACHING CONFERENCE



Mrs. Garcia and Miss Dirkx recently traveled to Cedar Falls to present a session at the **UNI Science Update Conference**. Their presentation highlighted a Chemistry Unit they developed to start the school year with full immersion into the "language" of Chemistry. As a final unit project, students created Stop Motion Animation Videos to model chemical reactions. View the **winning** videos at <https://www.wevideo.com/view/3019205702>



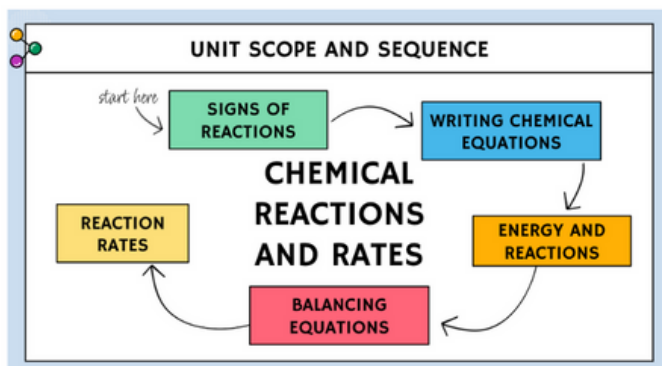
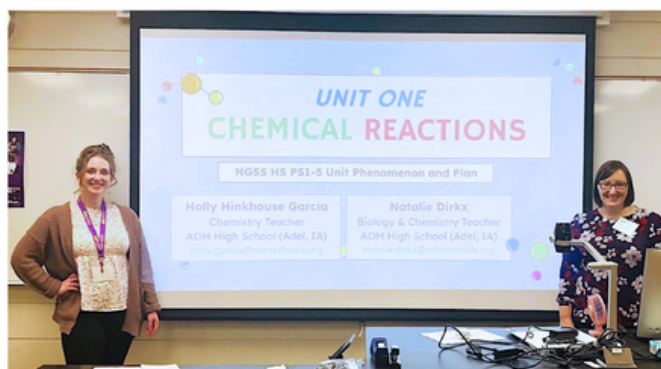
OUR GOALS TO START THE SCHOOL YEAR:



Student **Engagement**
with Labs & Activities

Intuitive and Observable
concepts to harness
student curiosity

Chemistry **Fluency**
through Immersion



THE VALUE of STOP MOTION PROJECT

- Experience **hands-on manipulation** of “atoms”
- **Visualize** the Law of Conservation of Mass
- **Modeling** to clarify misconceptions

COMMON MISCONCEPTIONS ADDRESSED:

→ ATOMS come **together** to form molecules.

NOT THIS WAY! INSTEAD:

→ Reactants will **REARRANGE** to form the products.

2023 Yearbooks on Sale Now

It's time to order your 2023 yearbook. We're working hard at documenting the school year and creating something awesome for you that will represent this entire school year. Books are \$65 (or \$70 with the student's name printed on the front cover) and can be purchased online at www.yearbookordercenter.com (school code 3522).

High school yearbooks are fall delivery books (we include graduation, baseball, and softball) and this book is on schedule to submit when those summer seasons are completed. You can anticipate delivery of your 2023 book mid- to late-September. Our staff will call graduates and their parents when books are ready for pickup.

Senior Yearbook Ads

Senior yearbook ads are available for a limited number of pages in the book on a first-come, first-served basis from now through May 1. If you'd like to place an ad recognizing your senior, your ad can be purchased at www.yearbookordercenter.com (school code 3522).

Senior Ads are a special way to recognize your student's accomplishments and surprise them with a heartfelt message in the yearbook.

Ads can be purchased in four different increments:

Small: 1/8 page, up to 2 images = \$45

Medium: 1/4 page, up to 3 images = \$85

Large: 1/2 page, up to 3 images = \$165

Extra-Large: full-page, up to 5 images = \$300

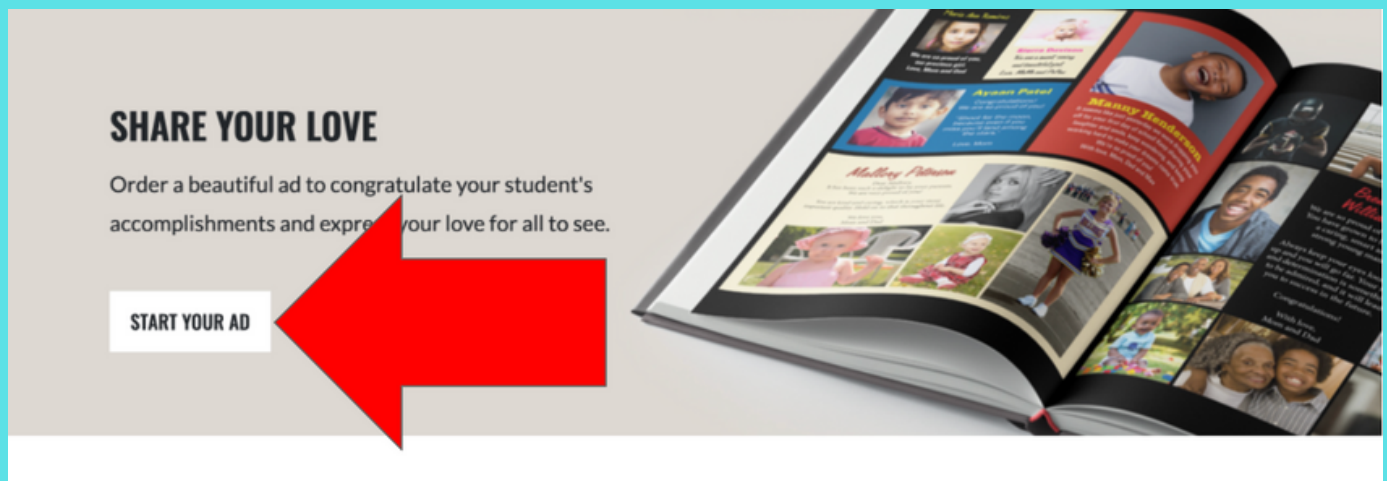
HOW CAN I SUBMIT A SENIOR AD?

1) **Visit:** www.yearbookordercenter.com (school code 3522)

2) Choose your design, upload your photo(s) and include your message.

3) Submit payment online.

4) Our publisher will automatically add it to the 2023 yearbook.



WHAT MAKES A GREAT AD?

Personalized messages, memories, baby photos, additional senior photos . . . the options are endless.

If you do place a senior ad, we'll get an automatic message from our publisher that it's completed and our staff will place exactly what you create in the ad section of the book. If there are any complications with what you create, we'll follow-up with you before placing your ad in the book.

If you have any questions, feel free to email

Eliana Dohlman

Business Manager

el_dohlman24@admschools.org

or

Kelby Dimler

Assistant Business Manager

ke_dimler24@admschools.org

STUDENTS OF THE MONTH

Student of The Month



Addison Banse

Kiwanis Student's of The Month



**Thomas
Nugent**



Bailey Renner

TEACHERS OF THE MONTH



Ms. Emma Bedard
Language Arts

Ms. Thone Golwitzer
Physical Education/Health



HIGH SCHOOL HAPPENINGS

ADM High School Students, Kathye and Aaliyah, visited Meadow View Elementary School on Valentine's Day to read to a few classes and talk about a positive mindset



ADM Prom!



Prom 2023–Electric Midnight

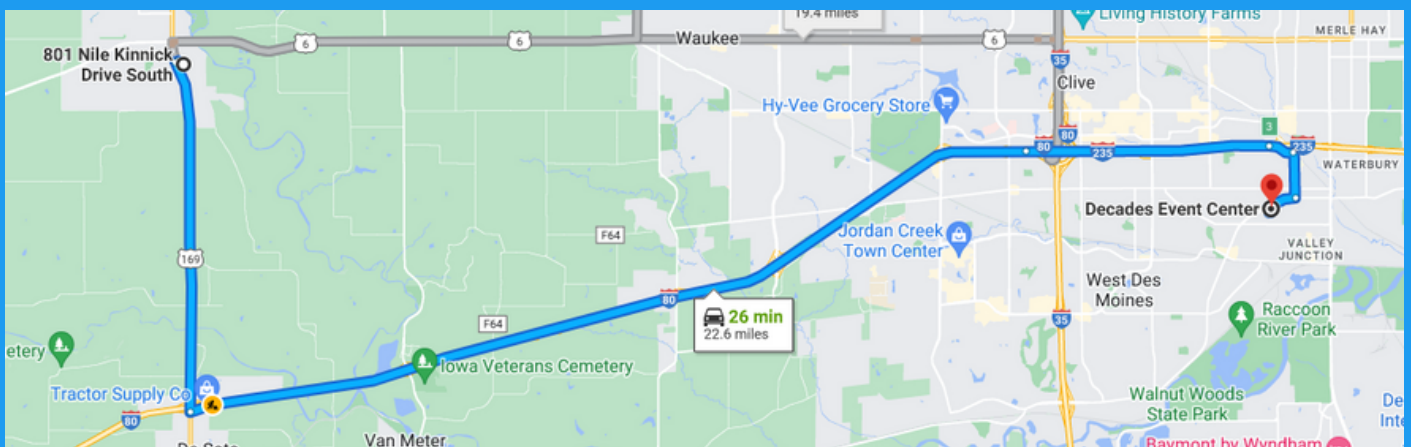
Prom this year is May 6, 2023! After success last year at a venue other than the school, we're excited to have the dance at Decades Event Center again this year! The dance will be from 8:00-10:30 PM. Students must be to the event center and checked in by 8:45 in order to be admitted to the dance.

DANCE INFORMATION

Each ADM junior or senior student may bring one date. If a student is bringing a date from another high

school or a student who has graduated from either ADM or another high school, a form must be filled out and signed by parents and administrators of the school if applicable. This has been sent to all students in their email or they can get a hard copy from Ms. Boesen.

Tickets go on sale April 21 at lunch or before or after school in Ms. Boesen's room. They are \$25 each (cash or check--made to ADM Prom, but we're working on a potential option to use a card--more info to come). Each attendee (student AND date) needs their own ticket. **Only juniors and seniors may purchase tickets.** The last date to purchase tickets is May 2. No tickets will be sold at the door.



ADM Student Council hosted it's first Wellness Week March 27-31.

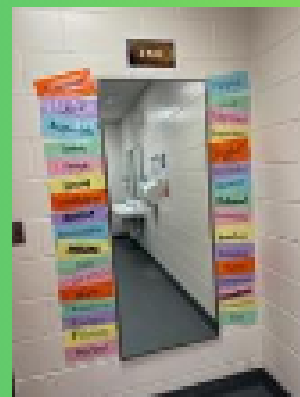
Wellness Week focused on helping students keep a fit mind and body. Every student was given an ADM water bottle to promote hydration when the event launched on Monday. Tuesday was Mental Health Awareness Day focusing on the resources available to students. Wednesday was all about exercise and nutrition with healthy snacks provided to all students. Thursday StuCo asked how you keep your personal battery charged with self-care routines.

Friday was Wellness Day with our guest speaker Cam F. Awesome. Cam focused on resiliency and the mind of a champion. Students topped off the day with self-care enrichment sessions and an awesome prize drawing.



Wellness Week

Sponsored by ADM StuCo



*Cam F. Awesome &
part of the Wellness Committee*

**A HUGE thank you to our
sponsors:
Kiwanis
Lion's Club
Roots Nutrition
FFA
Hy-Vee**

ADM Individual Speech

Our Individual Speech team wrapped up their season at the State contest in Ames on March 11th.

We had 11 entries and 8 of those received overall 1 ratings. Individual speech takes dedication and we are so proud of their hard work.

Congratulations to the following students:

Students listed on the next page..

Overall 1 Rating:

Avery Miller

Alexa Seidl (2 performances)

Brenna Seidl

Jadah Manning

Norah Lipovac

Kaylin Dains

Payton Taylor

Overall 2 Rating:

Haley Perry

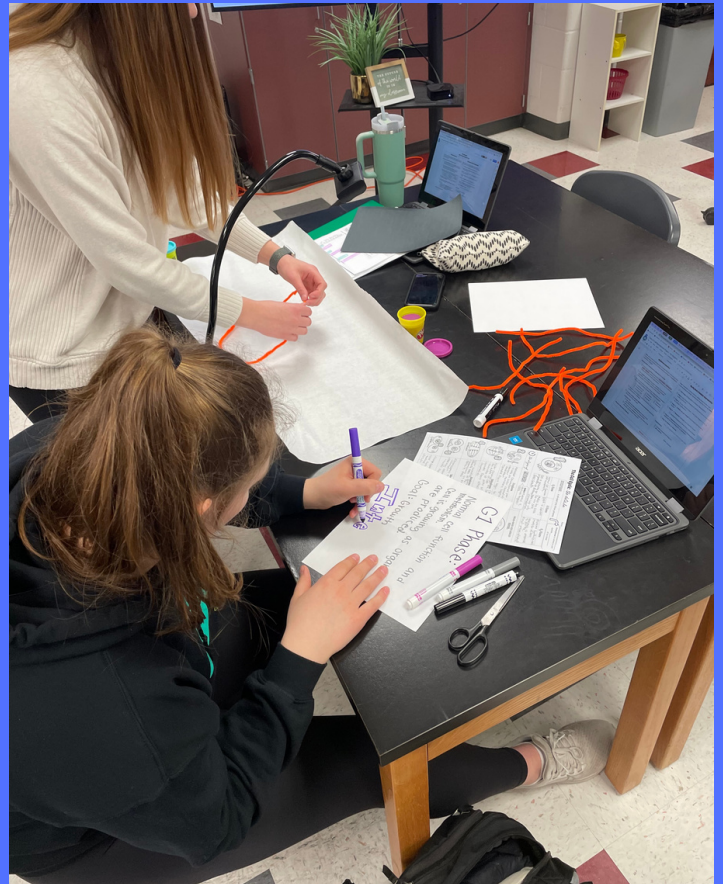
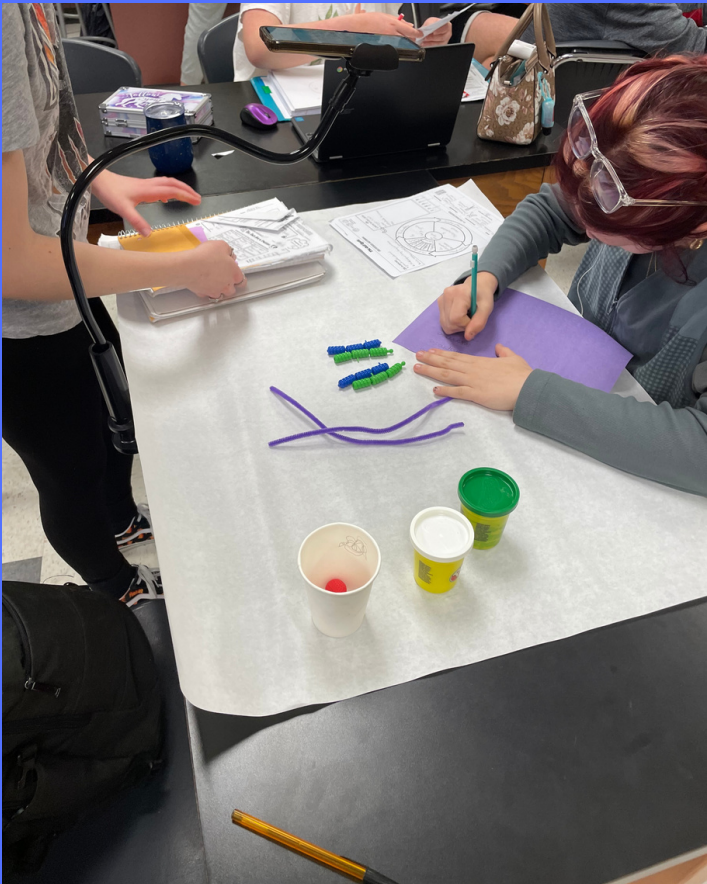
Sydney White

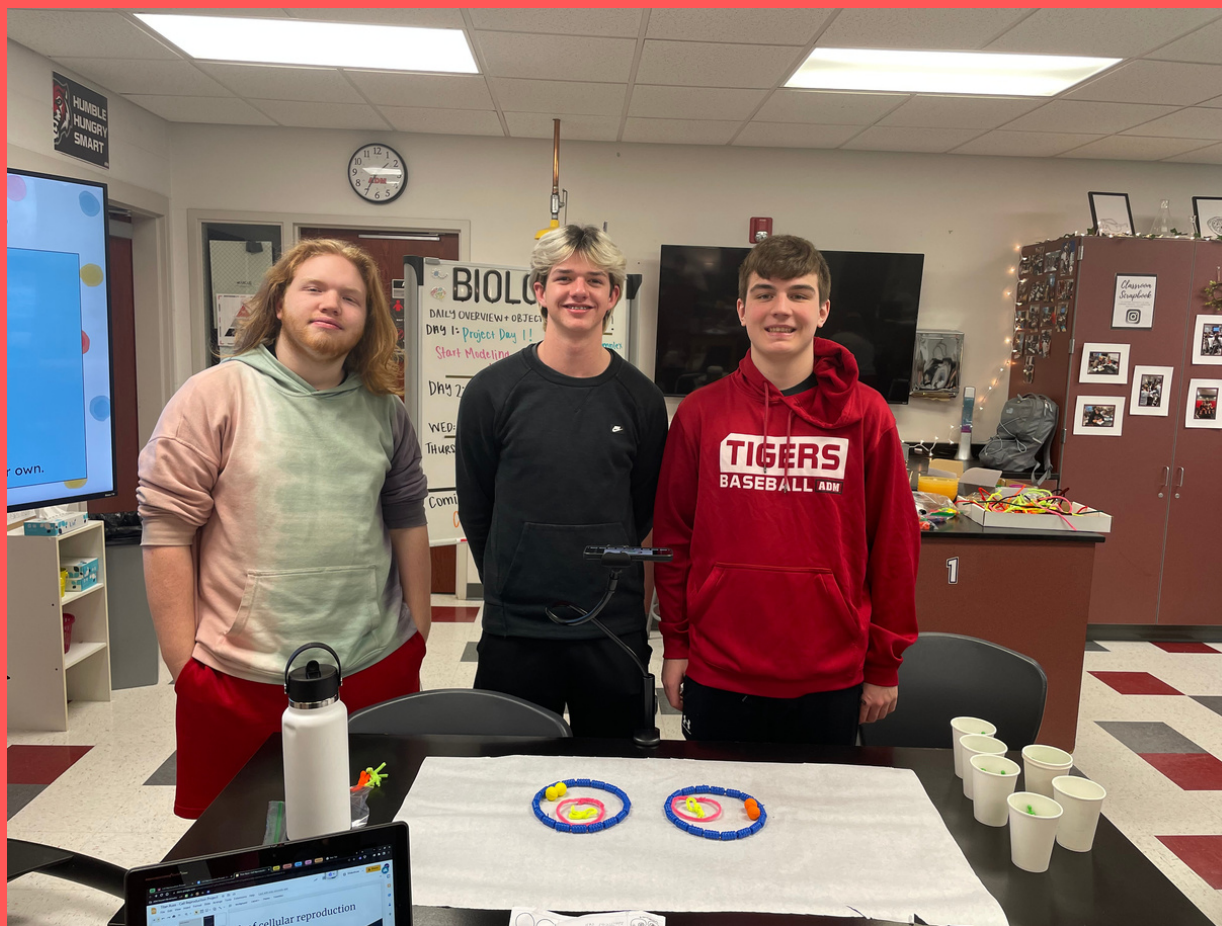
Kae Nau

Our Speech season will conclude
with our banquet on April 23rd at
5:30.

Biology!

Students in Biology worked in small groups to assemble a model of a cell undergoing division. Each group put together a StopMotion video using lots of pictures capturing small movements in their models to show how the process proceeds - and created AMAZING projects!





*You're
Invited!*

ADM Drama Department

PUTES
By Matt Cox



ADM Drama Spring 2023

ADM Drama Department Presents "Puffs" by Matt Cox

The ADM High School Drama Department proudly presents "Puffs" or "Seven Increasingly Eventful Years at a Certain School of Magic and Magic" by Max Cox. Our cast and crew have been hard at work since January to bring this ridiculous venture into a certain wizarding world to the ADM Stage.

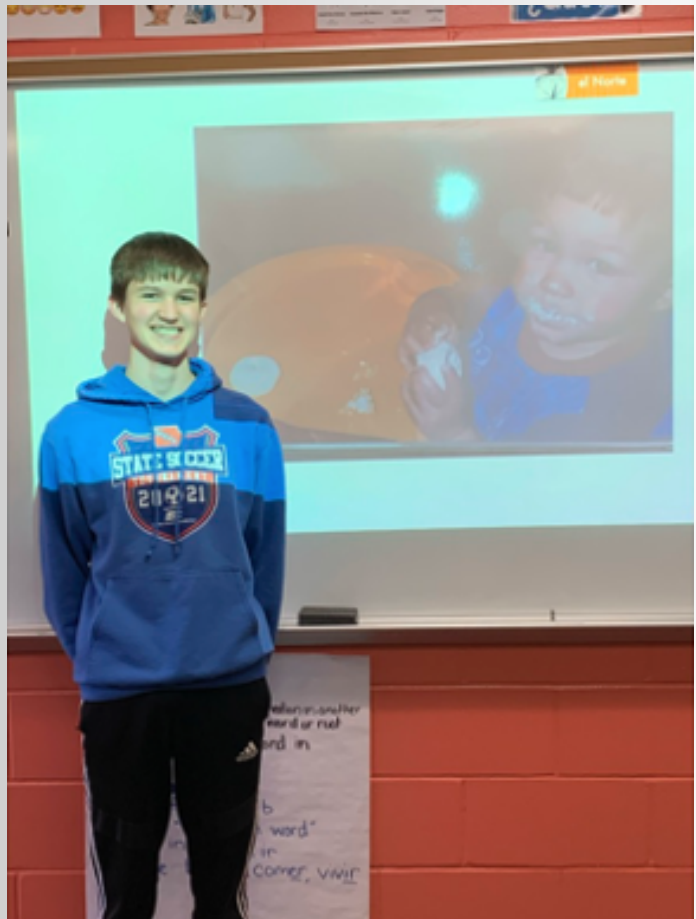
You may be familiar with a certain boy wizard and the Wizard School that he attended...But this is not his story. This is the story of the Puffs...who happen to attend that same Wizard School. There will be wizards, spells, flirtations, sports, contests and magic battles that will have you cheering, laughing and rooting for these unlikely heroes. Throw on your capes, hop on your broomsticks, and get yourself to this show! You won't want to miss it!

The performances will be held at the ADM High School Auditorium on Friday, **April 14 at 7pm; Saturday, April 15 at 7pm; Sunday, April 16 at 2pm. Tickets can be purchased at: <https://admhs.booktix.com>. Tickets will be sold at the door, but we highly recommend purchasing ahead of time using the online portal if possible.**

SPANISH III

Spanish III students have been working on a new presentation speaking style, Pecha Kucha, which originated in Japan and translates to “chit-chat” In this style, a speaker tells their story in a 20x20 presentation format with auto advancing slides. Students reflected with 5 pictures from their childhood while speaking continuously in Spanish describing their childhood personalities, toys and favorite family activities.

Mason Tollari



Fun With Physics

Students recently used physical principles of momentum and impulse during collisions to design safe paper cars with crumple zones and cushions to prevent an egg from cracking during a crash at the bottom of the ramp. Students also learned about the physics of concussions and body injuries which can be lessened and prevented by applying physics.



ADM MUSIC



Reagan McCarty was recently selected as an Alternate for the Iowa All-State Jazz Choir. The choir is made up of only 20 students from across the state who auditioned on Tuesday, March 28th. Reagan has the opportunity to perform on July 17th as part of the Iowa Choral Directors Convention. Congrats to Reagan!

ADM Concert Choir will have their spring concert on Tuesday, May 2nd and travel to the IHSMA Large Group Festival on Friday, May 5th. Both events are required for choir members and we are excited to finish the year performing for parents and friends! The choir is pictured on their recent trip to Orlando having a clinic with Disney music staff.



Counselor's Corner

IOWA

Scanlan Center for School Mental Health

DONUTS AND DEBRIEFING

**No matter what you're going through,
you don't have to navigate it alone.**

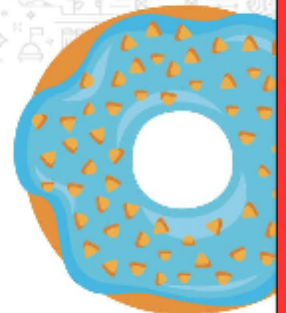
The Scanlan Center for School Mental Health Clinic provides a confidential and safe space for students and school staff to voluntarily:

- Grab a donut
- Connect with a trained mental health professional
- Understand common reactions to crisis and trauma
- Learn strategies to navigate grief and loss
- Practice mindfulness activities
- Problem solve with support
- Learn coping skills
- Discuss life stressors (academics, relationships, mental health, etc.)

WHO: Adel Students & Staff

WHEN: Friday, April 7th at 10:30am (all day)

WHERE: Library



Counselor's Corner

Donuts & Debriefing Event - April 7th, 2023

10:30am - 1:00pm in the HS/MS Media Center

The University of Iowa Scanlan Center for a School Mental Health (SCSMH) Clinic is partnering with ADM schools to bring a Donuts and Debriefing Event to HS/MS students who are interested in participating. Students can stop into the library, grab a donut, and engage in wellness activities such as games, coloring, mindfulness activities and more! Mental health clinicians will also be available for students who would like to speak 1:1 with a counselor. All students wanting to partake in counseling with an SCSMH counselor MUST have a signed consent form from a parent prior to the event. All activities are available to any student who would like to participate, at no cost to families.

If you have further questions, don't hesitate to reach out to the ADM HS Counseling Office.

Melonie Gill-Carreon (Last Name A-L) melonie.gill-carreon@admschools.org

Jennifer Rebel (Last Name M-Z) jennifer.rebel@admschools.org

[Student Consent Form](#)



ADM ACTIVITIES



Tiger Nation,

Spring is fully here, and all of our activities are in full swing. Speech and Mock Trial finished off the winter seasons, and the ADM Track and Field and soccer teams have already begun competitions. Golf teams are preparing to kick off their competitions, and April looks to be an exciting month for our activities.

The ADM Boys and Girls Track and Field teams kicked off their seasons prior to spring break and completed a trio of indoor meets. There were already many great performances including numerous who have already qualified for the Drake Relays. The first home meet of the year will be held on April 4th, as the annual Hugh Norman Relays will be run. We will also have the opportunity to honor our senior athletes in the sports of track and field and golf during the Hugh Norman Relays. Come out and enjoy some exciting action as the teams look forward to another strong season.

The ADM Boys and Girls Soccer teams hit the pitch for the first time, and came home victorious. The girls team traveled to Norwalk and took home a 1-0 victory in their season opener. The boys team also had a thrilling opening night win. They erased a 2-0 deficit to North Polk to come back and defeat the Comets 3-2. This past weekend the boys team also hosted their annual tournament, and defeated Glenwood (2-1) and Van Meter (4-0) to cap off a great opening week.

The ADM golf teams will start competition, with the girls' team teeing it up against Gilbert on April 3rd to open their season. The boys will open their season at Pleasantville Golf & Country on April 10th. Both teams return a number of letterwinners after qualifying for the state tournament the past two years. To find schedules for the golf teams, and all of our spring activities, visit www.raccoonriverconference.org.

Also, make plans to come out to the spring play on April 14th-16th. The ADM Drama department will be performing "Puffs" which is based on the Harry Potter series. First performance is on Friday, April 14th at 7:00 pm in the HS Auditorium. Performances are also on Saturday, April 15th at 7:00 pm and Sunday, April 16th at 2:00 pm.

**Here's to another exciting spring season and we race towards the end of the school year!
Go Tigers!**