ADM High School Sports Med Team

ATHLETIC TRAINERS

Melanie Mason, ATC
MMeAMason@selectmedical.com
515-975-2943

Kayla Peterson, ATC
KALpeterson@selectmedical.com
563-419-2216

PHYSICAL THERAPIST

Tanner Neuberger, PT
TNeuberger@selectmedical.com
515-987-9012

DEDICATED PT CLINIC
9500 University Ave
West Des Moines, IA 50266
515-987-9012

WHEN AN INJURY OCCURS
See your Athletic Trainer. Depending on your injury you may be referred to physical therapy and/or an orthopedic physician.

IOWA ORTHO PHYSICIANS

Timothy Vinyard, M.D.
Sports Medicine & Arthroscopic Surgery

Steven Aviles, M.D.
Sports Medicine & Hip Arthroscopy

Christopher Vincent, M.D.
Sports Medicine & Arthroscopic Surgery

Scott Meyer, M.D.
Sports Medicine & Arthroscopic Surgery

Stephen Ash, M.D.
Sports Medicine & Arthroscopic Surgery

WALK-IN CLINICS
Call 515-323-6485 or walk-in.
Monday - Friday 8AM - 5PM
450 Laurel St., Des Moines, 50314
710 E 1st St., Ankeny, 50021

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GO TIGERS!